

### Meditation Schedule

Date	Gathering	Readings/Gayatri	Silent Meditation	Sunset	Closing Bell
11/20/22	4:05	4:10	4:25	4:39	4:55
11/27/22	4:00	4:05	4:20	4:36	4:50
12/4/22	4:00	4:05	4:20	4:34	4:50
12/11/22	4:00	4:05	4:20	4:34	4:50
12/18/22	4:00	4:05	4:20	4:36	4:50
12/25/22*	4:05	4:10	4:25	4:39	4:55
1/1/23	4:10	4:15	4:30	4:45	5:00
1/8/23	4:15	4:20	4:35	4:52	5:05
1/15/23	4:25	4:30	4:45	4:59	5:15
1/22/23	4:35	4:40	4:55	5:08	5:25
1/29/23	4:40	4:45	5:00	5:17	5:30

\*No group meditation on Christmas Day!