

Dear Friends;

Here are some readings/pictures/audio for 3/19/23.

[The God in the Sun: Pictures](#)

"The God in the sun is the 'I' in me"--this put tersely is the essence of man's relationship to divinity. A whole book may be needed to explain it, a whole lifetime to get direct experience of its truth as insight." *The Notebooks of Paul Brunton* 25.1.1

[PPT: meaning and 360](#)

Has embedded: in case you missed them...

Audio/Text: [Anthony on 360 and I thought audio/text 2 minutes](#)

Audio/Text: [Anthony on the 360 Gods audio/text 2 minutes](#)

[PPT: unit of life](#)

"...from the organized body and something else, let us say a light (AS: of consciousness), which the Soul gives forth from itself, it forms a distinct Principle, the Animate; and in this Principle are vested Sense-Perception and all the other experiences found to belong to the Animate." -- Plotinus *Enneads* 1.1.7

Has embedded... in case you missed it:

[Anthony Damiani: Unit of Life](#) 1 min

Much peace and light. See you Sunday.

Avery